# Austin Junior Volleyball

## Pathway to Excellence in Austin Club Volleyball

***Select your entry point…***

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|---|---|
| **AJV Academy Prep** | League Format. 5 week programs run 4x a year<br>*Tots: ages 4-7* *Bumpers: ages 8-10* *Spikers: 10-11* |
| **AJV Academy Program** | practice 1x a week. 1 coach per team. Designed for beginning volleyball players<br>short season from January - April . Self-contained program that competes against oterh Academy teams |
| **AJV Lite** | *Central and North* (formerly Red and Toro teams). Practice 1x week. 1-2 coaches per team.<br>*January - April. 1-2 USAV tournaments a month in Central Texas*<br>*Designed for athletes who want to experience club volleyball without the intense demands of a full season and practice schedule* |
| **AJV Futures Program** | practice 2x week starting after Thanksgiving. 1 coach per team. Play locally + LSC<br>ideal for multi-sport athletes wanting to practice and play locally with minimal travel.<br>Satellite program for ages 15 and younger in Marble Falls, Manor and Williamson County |
| **Austin Junior Volleyball - Competitive Club** | practice 2-3x week. Play regionally (LSC + REG) and nationally. 2 coaches per team<br>*11-14 Navy/CP - Regional teams (all events in the state of Texas); 2 coaches per team*<br>*15 and 16 Navy - Travel teams (1-2 out of state Qualifiers); 2 coaches per team*<br>*adidas/Molten/Helilx - National Travel teams (1-3 out of state Qualifiers/nat'l events plus JNVC or AAUs); 2-3 coaches per team* |

*Time commitment/Skill Level*

| Age Group | Beginner | | | | | | Competitive/Advanced | | |
|---|---|---|---|---|---|---|---|---|---|
| 18 | | | | | | | Helix | Molten | adidas |
| 17 | | | | | | | Helix | Molten | adidas |
| 16 | | | | | | Navy/CP | Helix | Molten | adidas |
| 15 | | | | | Futures | Navy/CP | Helix | Molten | adidas |
| 14 | | | Academy | Lite Central and Lite North | Futures | Navy/CP | Helix | Molten | adidas |
| 13 | | | Academy | Lite Central and Lite North | Futures | Navy/CP | | Molten | adidas |
| 12 | | Spikers | Academy | Lite Central and Lite North | Futures | Navy/CP | | | adidas |
| 11 | | Spikers | Academy | Lite Central and Lite North | | Navy/CP | | | |
| 10 | Bumpers | Spikers | | | | | | | |
| Ages 8-9 | Bumpers | | | | | | | | |
| Ages 4-7 | Tots | | | | | | | | |