AJV 2019-2020 Practice Schedule (as of 8/29/19)

subject to change

| Team | Practice 1 | Practice 2 | Practice 3 | Practice Start Date | Season End |
|---------------|-------------------------------|-------------------------------|--------------------------------|------------------------|------------|
| 18 Mizuno | ***Sun ASC Central (4pm-6pm) | Mon ASC CP (730pm-930pm) | Wed ASC CP (730pm-930pm) | Nov 10th | 18s USJNs |
| 18 Molten | ***Sun ASC Central (4pm-6pm) | Mon ASC CP (730pm-930pm) | Thur ASC Central (730pm-930pm) | Nov 10th | 18s USJNs |
| 17 Mizuno | Sun ASC Central (4pm-6pm) | Mon ASC Central (730pm-930pm) | Wed ASC CP (730pm-930pm) | Nov 10th | USJNs |
| 17 Molten | Sun ASC CP (12noon-2pm) | Mon ASC Central (730pm-930pm) | Wed ASC CP (730pm-930pm) | Nov 10th | USJNs |
| 17 Helix | Sun ASC CP (4pm-6pm) | Mon ASC CP (730pm-930pm) | Wed ASC Central (730pm-930pm) | Nov 10th | USJNs |
| 16 Mizuno | Sun ASC CP (10am-12noon) | Mon ASC Central (530pm-730pm) | Thur ASC CP (530pm-730pm) | Nov 10th | USJNs |
| 16 Molten | Sun ASC Central (10am-12noon) | Mon SMAC (730pm-930pm) | Wed ASC CP (730pm-930pm) | Nov 10th | USJNs |
| 16 Helix | Sun ASC CP (12noon-2pm) | Mon SMAC (730pm-930pm) | Thur ASC CP (730pm-930pm) | Nov 10th | USJNs |
| 16 Navy | Sun ASC Central (12noon-2pm) | Mon SMAC (530pm-730pm) | Thur ASC Central (730pm-930pm) | Nov 10th | Regionals |
| 16 Cedar Park | Sun ASC CP (10am-12noon) | Mon ASC CP (730pm-930pm) | Wed ASC CP (530pm-730pm) | Nov 10th | Regionals |
| 15 Mizuno | Sun ASC Central (10am-12noon) | Mon SMAC (730pm-930pm) | Thur ASC CP (730pm-930pm) | Nov 10th | USJNs |
| 15 Molten | Sun ASC Central (10am-12noon) | Mon SMAC (730pm-930pm) | Thur ASC CP (730pm-930pm) | Nov 10th | USJNs |
| 15 Helix | Sun ASC CP (12noon-2pm) | Mon SMAC (730pm-930pm) | Thur ASC CP (730pm-930pm) | Nov 10th | USJNs |
| 15 Navy | Sun ASC Central (12noon-2pm) | Mon SMAC (730pm-930pm) | Wed ASC Central (730pm-930pm) | Nov 10th | Regionals |
| 15 Cedar Park | Sun ASC CP (12noon-2pm) | Mon ASC CP (530pm-730pm) | Thur ASC CP (530pm-730pm) | Nov 10th | Regionals |
| 15 Red | Sun SMAC (630pm-830pm) | Wed SMAC (7pm-9pm) | | Nov 10th | Regionals |
| 15 Toro | Sun ASC CP (10am-12noon) | Wed ASC CP (530pm-730pm) | | Nov 10th | Regionals |
| 14 Mizuno | ***Sun ASC CP (4pm-6pm) | Mon ASC CP (530pm-730pm) | Wed ASC Central (530pm-730pm) | Nov 10th | USJNs |
| 14 Molten | ***Sun SMAC (430pm-630pm) | Mon ASC CP (530pm-730pm) | Wed ASC Central (530pm-730pm) | Nov 10th | USJNs |
| 14 Helix | ***Sun ASC CP (4pm-6pm) | Mon ASC Central (530pm-730pm) | Wed ASC CP (530pm-730pm) | Nov 10th | USJNs |
| 14 Navy | ****Sun SMAC (430pm-630pm) | Mon ASC Central (530pm-730pm) | Thur ASC Central (530pm-730pm) | Nov 10th | Regionals |
| 14 Cedar Park | ***Sun ASC CP (2pm-4pm) | Mon ASC CP (530pm-730pm) | Thur ASC CP (530pm-730pm) | Nov 10th | Regionals |
| 14 Red | Sun SMAC (630pm-830pm) | Wed SMAC (7pm-9pm) | | Nov 10th | Regionals |
| 14 Toro | Sun ASC CP (2pm-4pm) | Wed ASC CP (530pm-730pm) | | Nov 10th | Regionals |
| 14 White | Sun SMAC (630pm-830pm) | Wed SMAC (7pm-9pm) | | Nov 10th | Regionals |
| 14 Grande | Sun ASC CP (2pm-4pm) | Thur ASC CP (530pm-730pm) | | Nov 10th | Regionals |
| 14 Aces | Sun ASC CP (2pm-4pm) | Tue ASC CP (7pm-9pm) | | Nov 10th | Regionals |
| 13 Mizuno | Sun ASC CP (10am-12noon) | Wed ASC Central (530pm-730pm) | | Nov 10th | USJNs |
| 13 Molten | Sun ASC Central (4pm-6pm) | Tue ASC CP (7pm-9pm) | | Nov 10th | USJNs |
| 13 Navy | Sun SMAC (630pm-830pm) | Wed SMAC (7pm-9pm) | | Nov 10th | Regionals |
| 13 Cedar Park | Sun ASC CP (6pm-8pm) | Tue ASC CP (7pm-9pm) | | Nov 10th | Regionals |
| 13 Red | Sun SMAC (630pm-830pm) | Wed ASC Central (530pm-730pm) | | Nov 10th | Lone Star |
| 13 Toro | Sun ASC CP (6pm-8pm) | Tue ASC CP (7pm-9pm) | | Nov 10th | Lone Star |
| 13 White | Sun SMAC (630pm-830pm) | Wed SMAC (7pm-9pm) | | Nov 10th | Lone Star |
| 13 Grande | Sun ASC CP (6pm-8pm) | Tue ASC CP (7pm-9pm) | | Nov 10th | Lone Star |
| 12 Mizuno | Sun ASC Central (4pm-6pm) | Wed SMAC (530pm-730pm) | | Nov 10th | USJNs |
| 12 Navy | Sun SMAC (430pm-630pm) | Wed SMAC (530pm-7pm) | | Nov 10th | Regionals |
| 12 Cedar Park | Sun ASC CP (2pm-4pm) | Tue ASC CP (530pm-7pm) | | Nov 10th | Regionals |
| 12 Red | Sun SMAC (430pm-630pm) | Wed SMAC (530pm-7pm) | | Nov 10th | Lone Star |
| 12 Toro | Sun ASC CP (4pm-6pm) | Tue ASC CP (530pm-7pm) | | Nov 10th | Lone Star |
| 12 Grande | Sun ASC CP (4pm-6pm) | Tue ASC CP (530pm-7pm) | | Nov 10th | Lone Star |
| 11 Navy | Sun SMAC (430pm-630pm) | Wed SMAC (530pm-7pm) | | Nov 10th | Lone Star |
| 11 Cedar Park | Sun ASC CP (6pm-8pm) | Tue ASC CP (530pm-7pm) | | Nov 10th | Lone Star |
| Boys 18 Miz | Sun ASC Central (2pm-4pm) | Wed ASC Central (730pm-930pm) | | Nov 10th | |
| Boys 17 Miz | Sun ASC Central (2pm-4pm) | Wed ASC Central (730pm-930pm) | | Nov 10th | |
| Boys 16 Miz | Sun ASC Central (2pm-4pm) | Wed ASC Central (730pm-930pm) | | Nov 10th | |
| Boys 15 Miz | Sun ASC Central (2pm-4pm) | Wed ASC Central (730pm-930pm) | | Nov 10th | |
| Boys 14 Miz | Sun ASC Central (2pm-4pm) | Wed ASC Central (530pm-730pm) | | Nov 10th | |
| Boys 12 Miz | Sun ASC Central (2pm-4pm) | Wed ASC Central (530pm-730pm) | | Nov 10th | |

*** Note: After Feb 1, these teams will no longer have Sunday practices.